

May 6, 2020

To All of our Patients:

As your neighbours and your health care providers, your health and safety are our top priorities. We remain dedicated to you and your oral health.

With the coronavirus outbreak, treatment for inflammation and prevention of infection and disease is more important than ever. The body can only handle so much inflammation and the healthier a person is - the less chronic inflammation taxing the body - the easier it is to fight off other infections, including viral. This is why we take any infectious oral conditions, like gum disease, so seriously. Brushing, flossing and home care may seem mundane, but so is washing your hands. These “mundane” acts can help keep you healthy.

Perio Protect is an excellent way to treat oral inflammation. If you have Perio Trays® already, the medication applied with the trays, Perio Gel® with 1.7% hydrogen peroxide, is highly effective at killing pathogens and reducing microbial loads: it also kills the coronavirus. While there are many ways to contract the virus and using peroxide in special prescription trays will not prevent you from contracting the virus, Perio Tray® therapy will help reduce the risk of transmission in addition to addressing bacterial infections and inflammation in your gums. It is important to keep using these trays. Should you need more gel, please contact our office.

For those who has not had the opportunity to have custom trays made, applying the Perio Gel on soft tissue is also very effective\*. An alternative solution is to rinse your mouth with 1.5% Hydrogen Peroxide, 2 times for 30 seconds. Practicing these simple solutions will help boost your immunity especially when social distancing might not be possible and is recommended in preparation to your dental appointments that may or may not generate aerosols.

We will get through this pandemic and our lives will return to a more normal state in due time. This experience has helped me refocus on those things which are really important to me. High among those things are my profession. Being a dentist allows me to be a part of many lives, and you, my patients have made my life fuller and better. Please be cautious, follow the CDC recommended precautions, and stay safe. When this is over, we look forward to us sharing a happy future together.

Best regards,



Dr. Isabella Wang, DMD

BELIEVING IN LIFESPAN AND HEALTHSPAN THRU COMPLETE HEALTH DENTISTRY

\* Please refer to our website for detailed instructions at [www.deerwater.ca](http://www.deerwater.ca)